



Grand Pointe Lunch Menu

October 2024

Cycle Weeks	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 B - Bagels/Cream cheese/Juice L - Chicken Nuggets Green Beans/Pears AM S - Nilla wafers/apples PM S - Rice Cakes w/ cream cheese	2 B - Cheerios/Orange Slices L - Cheese sandwich Carrots/Apple sauce AM S - cucumbers & crackers PM S - soy butter & grahams	3 B - English Muffin/Bananas L - Pancakes/ham Peas/Pineapple AN S - Grapes/Grahams PM S - Fruit/Veggie Crackers	4 B - Cereal /Apple slices L - Pizza Rounds Mixed veggies/Fruit Cocktail AM S - Pretzels & Cheese PM S - Animal Crackers/Fruit	
	7B- Oatmeal & Bananas L- Soy butter & jelly/Peaches/Carrots AM S- Fig bar PM S- Bananas/animal crackers	8 B - Cheerios/oranges L - Spaghetti/ Mixed Veggies/Fruit Cocktail AM S - Apples/Veggie crackers PM S - Chex Mix/Fruit	9 B - Rice Krispies/fresh fruit L - Ham sandwich/Green Beans/Applesauce AM S - Crackers/fruit PM S - Nilla Wafers/Apples	10 B - Bagels & Cream Cheese L - Fish Sticks Corn/Pears AM S - Graham Cracker/Fruit PM S - Apple slices/pretzels	11 B - Toast & Jelly/fresh fruit L - Pancakes & Sausage Peas/Pineapple AM S - Crackers & Cheese PM S - Pretzels/Fruit	
	14 B - Bagels/Cream Cheese/Juice L - Cheese Quesadillas Peas/pears AM S - Fresh Fruit /Nilla Wafers PM S - Veggie crackers	15 B- Rice Krispies/Fresh Fruit L- Soy butter & Jelly sandwich Carrots/Applesauce AM S- Bananas/ animal crackers PM S- Veggies Straws/ Fruit	16 B - Toast & Jelly/Banana L - Waffles & Sausage Green beans/Fruit cocktail AM S - Pretzels/Fruit PM S - Apple & cinnamon	17 B - Cheerios/ Berries L - Mac & Cheese Corn/Pineapple AM S - Banana/Club crackers PM S - Rice Cake Faces	18 B - English Muffins/Apple L - Hot dogs/Mixed Veggies/ Peaches AM S - Fruit/ cinnamon graham PM S - Cheese /raisins	
B = Breakfast L = Lunch S = Snacks	21 B - Soy butter toast /fruit L - Meatballs & Noodles/ Green beans/pears AMS - graham & apples PMS - cheese /crackers	22 B - Bagels w/ Cream Cheese L - Spaghetti Peas/Pineapple AM S - Mixed Fruit/Rice Cakes PM S - Veggie straws	23 B- Cereal/fresh fruit L Sloppy Joes/ Corn/peaches AMS - veggie crackers/cheese PMS - Crackers /fruit	24 B - Rice Krispies/ Fresh Fruit L - Corn Dogs Carrots & Fruit Cocktail AM S - Pretzels & raisins PM S - Vanilla wafers & fruit	25 B-English Muffins & fruit L - Turkey sandwich/Mixed veggies/Applesauce AM S - fig bars PM S - Rice cakes	Milk served with breakfast and lunch. Water for snacks unless otherwise stated
	28 B - Toast & Jelly/Apple slices L Scrambled eggs Corn/Peaches AM S - Veggie crackers/Raisins PM S - Fruit & Crackers	29 B - Cereal & fruit L - Soy butter & Jelly sandwich/Pears/Green beans AM S - Apples & nilla wafers PM S - Veggie straws & raisins	30 B - Cereal Halloween Party Special sign up will be posted 	31 B- English muffin' L- Mac & Cheese/ Carrots/mixed fruit AMS- grahams & soy butter PMS- Cheese & pretzels		