



# March 2023

Cycle Weeks	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			<b>1</b> B-Cheerios/Fruit L-Pancakes & sausage Peas/Pears Am S-Animal crackers/Banana Pm S-Apples/ cracker	<b>2</b> B-Bagels & bananas L- Cheese Quesadillas, Green beans/Peaches AM S – graham crackers & raisins PM S – Veggie crackers & fruit	<b>3</b> B – Blueberry muffins L – Soy butter & Jelly sandwich Corm/Fruit Cocktail AM S – Crackers & Cheese PM S – Rice Cakes/Fruit	
	<b>6</b> B – Rice Krispies/fresh fruit L – Corn Dogs Carrots/Applesauce AM S – Fruit /Chex Mix PM S – Nilla Wafers/Apples	<b>7</b> B - Bagels/Cream cheese L - Chicken Nuggets Green Beans/Peaches AM S – Crackers/berries PM S – Rice Cakes w/ cream cheese	<b>8</b> B – Cheerios/Orange Slices L –Ham sandwich Corn/pear AM S – Carrots & dipt/fruit PM S – Fruit Kabobs	<b>9</b> B – English Muffin/Berries L – Waffles /Ham Peas/Pineapple AN S – Grapes/Grahams PM S – Fruit/Veggie Crackers	<b>10</b> B –Toast & Fruit L – Pizza Party Mixed veggies/Fruit Cocktail AM S – Pretzels & Cheese PM S – Animal Crackers/Fruit	
	<b>13</b> B –Bagels w/ Cream Cheese L – Spaghetti Peas/Pineapple AM S – Mixed Fruit/Rice Cakes PM S –Pretzels & fruit	<b>14</b> B – Toast & Jelly/Apple slices L – Turkey and Cheese roll up Corn/Peaches AM S – Nila Wafers/Raisins PM S – Trail Mix	<b>15</b> B – Cheerios/orange slices L – Mac & Cheese Carrots/Applesauce AM S – Apples/Veggie crackers PM S – Chex Mix/Fruit	<b>16</b> B – Toast with soy butter/fruit L – Sloppy Joes Green beans/Fruit Cocktail AM S – Graham Cracker/Fruit PM S – Apple slices/pretzels	<b>17</b>  B – Rice Krispies/Fruit L – Fish sticks Mixed Veggies & Pears AM S – Nilla wafers & raisins PM S – Cheese slices/Crackers	
	<b>20</b> B – Bagels/Cream Cheese L – Pizza Rounds Peas/pears AM S –Fresh Fruit /Nilla Wafers PM S – Apples & soy butter	<b>21</b> B- Rice Krispies/Fresh Fruit L-Scrambled eggs Carrots/Applesauce AM S- Bananas/ animal crackers PM S- Veggies Straws/ Fruit	<b>22</b> B – English Muffins & Blueberries L – Turkey Sandwich Mixed veggies/Fruit Cocktail AM S –Raisins/Crackers PM S – Mini Rice Cakes/fruit	<b>23</b> B – blue berry muffins/fresh fruit L – Pancakes & Ham Green Beans/Peaches AM S – Cucumbers & cream cheese PM S – Apples & Grahams	<b>24</b> B – Toast & Jelly/Banana L – Cheese quesadillas/Corn & Pineapple AM S – Pretzels/Fruit PM S – Cheese and crackers	Milk served with breakfast and lunch. Water for snacks unless otherwise stated
B = Breakfast L = Lunch S = Snacks	<b>27</b> B –English Muffins/ Berries L – Mac & Cheese Mixed veggies/Pineapple AM S Banana/veggie crackers PM S – Rice Cake/fruit	<b>28</b> B – Toast & Jelly/Apple slices L – Meatballs & Noodles Corn/Peaches AM S – Nila Wafers/Apples PM S – Cheese & crackers	<b>29</b> B – Cereal & Fruit L – Ham sandwich Peas/Pears AM S – Yogurt & fruit PM S – Cheese & Crackers	<b>30</b> B- Rice Krispies/Fresh Fruit L Soy butter & Jelly / Green beans/Applesauce AM Pretzels & humas PM S- Veggies Straws/ Fruit	<b>31</b> B-Oatmeal & raisins L –Hot Dogs Carrots/Mixed Fruit AMS- Ritz crackers & cheese PM S –Pretzels and oranges	