



# February 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	1 B - Bagels/Cream cheese L - Hot dogs Green Beans/Peaches AM S - Crackers/fruit PM S - Rice Cakes w/ cream cheese	2 B - Cheerios/Orange Slices L - Ham sandwich Corn/Pear AM S - Cheese & Crackers PM S - Veggie straws & Apples	3 B - English Muffin/Berries L - Pancakes/Ham Mixed veggies/Pineapple AN S - Grapes/Grahams PM S - Cream cheese & Veggie Crackers	
	6 B -Bagels w/ Cream Cheese L - Mac & Cheese Peas/Pineapple AM S - Mixed Fruit/Rice Cakes PM S -Cucumbers & Cheese	7 B - Toast & Jelly/Apple slices L - Turkey Sandwich Corn/Peaches AM S - Nilla Wafers/bananas PM S - Wheat crackers and raisins	8 B - Cheerios/orange slices L - Pizza rounds Carrots/Applesauce AM S - Ritz cracker & cheese PM S - Chex Mix/Fruit	9 B - Toast with soy butter/fruit L - Fish Sticks Green beans/Fruit Cocktail AM S - Graham Cracker& soy butter PM S - Apple slices/pretzels	10 B -Datmeal & Raisins L - Chicken nuggets Mixed veggies/Pears AM S - Pretzels & humus PM S - Animal Crackers/Fruit	
<i>Happy Valentine's Day</i>	13 B - Rice Krispies/Fruit L - Sloppy Joes Mixed Veggies & Pears AM S - Nilla wafers & raisins PM S - Cheese slices/Crackers	14 <b>Valentines Party</b> B - Toast & Jelly/Apple slices L - Pizza Party Corn/Peaches AM S - Cheese crackers & oranges PM S - Valentine treat	15 B- Rice Krispies/Fresh Fruit L-Soy butter & Jelly sandwich Green beans/Applesauce AM S- Bananas/ veggie crackers PM S- Veggies Straws/ Fruit	16 B-Cheerios/Fruit L-Meatballs & Noodles /Carrots/Applesauce Am S-Animal crackers/fruit Pm S-Apples/ cracker	17 B - Fruit bar L - Corn dogs Peas/Fruit Cocktail AM S - Crackers & Cheese PM S - Rice Cakes/Fruit	
	20 B - Bagels/Cream Cheese L - Cheesy Rice Peas/pears AM S -Fresh Fruit /Nilla Wafers PM S - Cinnamon Grahams & milk	21 B- Rice Krispies/Fresh Fruit L-Scrambled eggs Carrots/Applesauce AM S- Bananas/ animal crackers PM S- Veggies Straws/ Fruit	22 B - English Muffins & Blueberries L - Spaghetti Mixed veggies/Fruit Cocktail AM S -Grapes/Crackers PM S - Mini Rice Cakes/fruit	23 B - blue berry muffins/fresh fruit L - Pancakes & Ham Green Beans/Peaches AM S - soy butter &Graham PM S - Apple & nilla wafers	24 B - Toast & Jelly/Banana L - Cheese quesadillas/Corn & Pineapple AM S - Pretzels/Fruit PM S - Cheese and crackers	
B = Breakfast L = Lunch S = Snacks	27 B -English Muffins/ Berries L - Turkey & cheese roll up Mixed veggies/Pineapple AM S - Banana/vegie crackers PM S - Rice Cake &	28 B - Rice Krispies/fresh fruit L - Mac & Cheese Carrots/Applesauce AM S - Oranges /Chex Mix PM S - Nilla Wafers/Apples				Milk served with breakfast and lunch. Water for snacks unless otherwise stated